

NORWAY



The important role of parents in
children and youth sports in Norway

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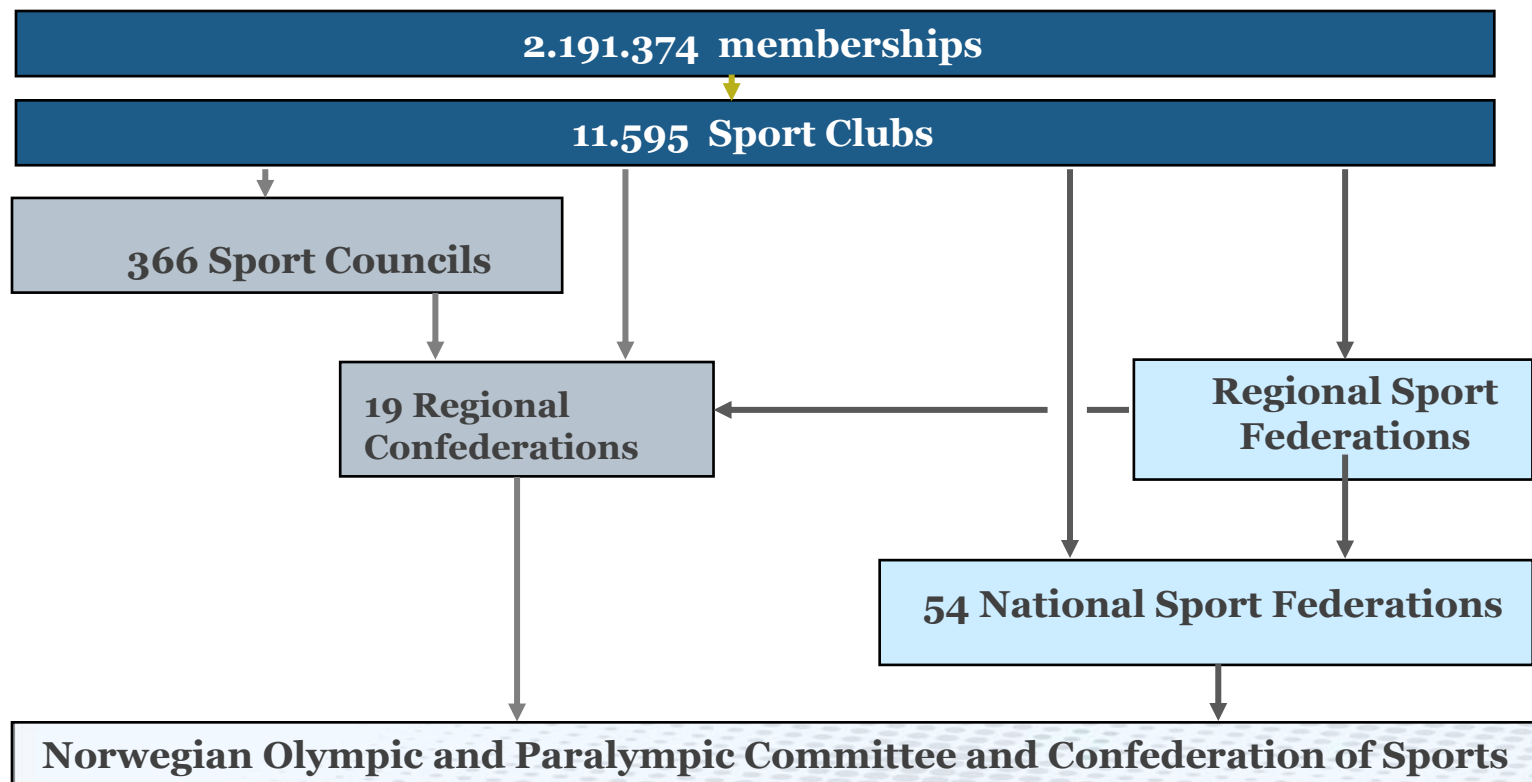
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Norwegian School of Sport Sciences

Agenda

- Facts and figures
- What role does parents play?
- Children's Rights in Sport and Provisions on Children's Sport
- Challenges
- Suggestions

The biggest NGO in Norway



NIF's vision is to create:

«Joy of Sport – for All!»





Sport for Children

- 79 % of the Norwegian children participate in organised sport
- Importance of vision and values in Norwegian Sport
- Framework of coaching education

Volunteers facts and figures

- 700.000 volunteers (2004)
- 27.582 FTEs (Sivesind, 2012)
- Football 130 000 volunteers (annual report, 2012)
- Increased number taking part in educational courses

Roles

Formal

- Board members
- Team-leader
- Staff during meetings and events
- Referees/Judges
- Coaches

Informal

- Supporters
- Drivers
- Waffelmakers



Provisions on Children's Sport

- No competitions before 6 years old
- From 6 years; local competitions primarily in their own club
- From 11 years; competitions in the region
- From 11 years; open competitions in the Nordic countries
- From 11 years; Lists of results, tables and rankings



Children's Rights in Sport

1. Safety and security
2. Friendship and well-being
3. Based on the children's needs
4. Mastery
5. Influence
6. Freedom to choose
7. Competitions for everyone

Olympiatoppens parents guide

1. How to choose sport?
2. How to be a good role model?
3. Comparison ?
4. Focus on play and friendship
5. Emphasis mastery
6. Supporting spectator
7. Support the coach
8. Respect good sportsmanship
9. Volunteer- be a part of the team

www.olympiatoppen.no

Challenges

- Finding the most suitable person in different roles
- Lack of time
- Costs
- Biased
- Pressure
- Awareness and understanding of children's rights
- Where do parents find guidance?
- Social media

Suggestions

- Further education and understanding
- Awareness
- The importance of playtime- afterschool activities
- Accessibility
- The importance of playgrounds and public parks
- Long-term athletic development and physical health
- Being role-models

Good luck to all parents in Norwegian Sports!



Picture, Keith Heppell